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Date:20/03/2025

Topic: International Day of Happiness

Theme: “caring and sharing”

Detail Description about the event:

Department of Psychology in collaboration with department of Hindi organized **International Day of Happiness** on dated **20/03/2025** at 8.30AM in B.Ed. conference hall. Theme of the day was “Caring and Sharing”. Total fifty-five participants (student and teacher) were attended the above said programme.

Dr. Durga Sankar Das, Principal presided the meeting and as a Chief Guest high light the importance of Happiness in our day-to-day life. Dr. Subodh Chandra Mishra, Ex-Principal and Associate Professor of Education outlined important of day-to-day creative work help in making life happy. Dr. Kamala Kanta Jena Assistant professor of Physics graces the occasion as a keynote speaker. Dr Jena focused on key elements of Happiness and how we can live a happy and peaceful life. Dr. Akshaya Kumar Das, HOD and Assistant Professor of Psychology focused on “Happiness and Wellbeing” and its implications in our quality of life. Dr. Hansita Ojha, Assistant Professor of Psychology delivered concluding remark as well as vote of thanks.

Guest/Speaker Details:

Dr. Durga Sankar Das. Principal (Chief Guest)

Dr. Subodh Chandra Mishra, Ex-Principal and Associate Professor of Education (Guest of Honour)

Dr. Kamala Kanta Jena, Assistant Professor of Physics (Key Note Speaker)

Dr. Akshaya Kumar Das, HOD and Assistant Professor of Psychology (Convenor)

Dr. Hansita Ojha, Assistant Professor of Psychology (Coordinator)

Please Insert two high Quality Photographs:

