



STUDENT SERVICES CENTRE
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Date:10/10/2025

Event: World Mental Health Day,2025

Theme: "Access to Services-Mental Health in Catastrophes and Emergencies"

Detail Description about the event:

Student Services Centre (SSC) in collaboration with Department of Psychology organized **World Mental Health Day, 2025** on dated **10/10/2025** at 9.00 AM in Commerce Seminar Hall. Theme of the event was **"Access to Services-Mental Health in Catastrophes and Emergencies"**. Total 80 participants (students and teachers) were attended the above said programme.

The event was coordinated by Dr. Swapna Sarita Mohapatra, Assistant Professor of Chemistry and member of SSC by highlighting the importance of observance of the day. Chief Guest of the event, Dr. Durga Sankar Das, Principal of Bhadrak Autonomous College, Bhadrak enlightened the importance of **Mental Health in Catastrophes and Emergencies** in present world scenario. Dr. Sarthak Kumar Jena, HOD and Assistant Professor of Commerce outlined importance of the day. Dr. Akshaya Kumar Das, OIC of SSC and Assistant professor of Psychology emphasized on "Happiness, Well-Being and Stress Management" as a keynote speaker. Dr. Pradip Kumar Pradhan, Assistant Professor of Commerce focused on "Academic Stress Management" in his presentation. Dr. Smaranika Parida, Asst. Prof. of Home Science facilitated the program. Ms. Rasmita Behera, Assistant Professor of Commerce delivered concluding remark as well as vote of thanks.

Guest/Speaker Details:

Dr. Durga Sankar Das. Principal (Chief Guest)

Dr. Sarthak Kumar Jena, HOD and Assistant Professor of Commerce (Guest of Honour)

Dr. Akshaya Kumar Das, OIC of SSC and Assistant professor of Psychology (Key Note Speaker)

Dr. Pradip Kumar Pradhan, Assistant Professor of Commerce, Advisor of SSC

Dr Swapna Sarita Mohapatra, Assistant Professor of Chemistry and member of SSC

Dr Smaranika Parida, Assistant Professor of Home Science, member of SSC

Ms. Rasmita Behera, Assistant Professor of Commerce, member of SSC

